

LONGUES DISTANCES - NOTRE DAME DE GRAVENCHON - 30 OCTOBRE 2010

5000 Mètres

Clt	NOM	PRENOM	CLUB	ANNEE	CAT	SEXE	TPS ENG	COUL	DEP	TPS REAL	500 m	1000 m	1500 m	2000 m	2500 m	3000 m	3500 m	4000 m
1	GOZDOWSKI	Antoine	C.N. ROUEN	95	Cadets	M	0H59	4	2	1:01:39:67	0:05:57:76	0:11:54:76	0:17:55:29	0:23:55:67	0:29:56:76	0:36:01:92	0:42:12:13	0:48:33:32
2	GILLES	Loïc	C N VALLEE DE SEINE	93	Juniors	M	1H08	3	1	1:06:56:34	0:06:23:02	0:12:59:10	0:19:38:95	0:26:20:50	0:33:05:00	0:39:49:06	0:46:34:52	0:53:20:17
3	MAGNIEZ	Valentin	REQUINS COURONNAIS	94	Cadets	M	1H10	4	1	1:08:54:44	0:06:30:94	0:13:10:07	0:19:55:85	0:26:49:82	0:33:49:98	0:40:42:67	0:47:38:44	0:54:40:89
4	LEFEVRE	Mélina	C N VALLEE DE SEINE	94	Cadettes	F	1H20	6	1	1:10:42:92	0:06:43:87	0:13:43:24	0:20:47:43	0:28:00:96	0:35:11:84	0:42:26:15	0:49:35:52	0:56:40:42
5	GILLES	Marc	C N VALLEE DE SEINE	95	Cadets	M	1H17	1	1	1:11:14:59	0:06:49:05	0:13:55:49	0:21:02:17	0:28:00:99	0:35:11:18	0:42:29:11	0:49:33:89	0:56:50:52
6	LEDUC	Florian	C N VALLEE DE SEINE	94	Cadets	M	1H15	2	1	1:12:34:31	0:06:52:50	0:14:00:16	0:21:11:51	0:28:32:40	0:35:55:83	0:43:16:53	0:50:38:88	0:57:56:10
7	PAUMELLE	Marine	C N VALLEE DE SEINE	95	Cadettes	F	1H20	3	2	1:13:23:94	0:07:03:66	0:14:19:63	0:21:35:23	0:28:58:27	0:36:16:64	0:43:36:32	0:51:00:77	0:58:23:16
8	CRESSANT	Chloé	C N VALLEE DE SEINE	95	Cadettes	F	1H15	5	1	1:13:37:96	0:06:44:75	0:13:47:83	0:21:04:56	0:28:30:66	0:35:53:14	0:43:23:83	0:50:59:04	0:58:27:81

3000 Mètres

Clt	NOM	PRENOM	CLUB	ANNEE	CAT	SEXE	TPS ENG	COUL	DEP	TPS REAL	500 m	1000 m	1500 m	2000 m	2500 m
1	DUBUT-HERMEL	Clément	S VALERY N	96	Minimes	M	40'00	3	1	0:39:36:56	0:06:20:17	0:13:00:66	0:19:41:85	0:26:26:52	0:33:36:56
2	TUFEL	Célia	S VALERY N	97	Minimes	F	45'00	1	2	0:40:32:54	0:06:43:24	0:13:27:18	0:20:19:01	0:27:08:20	0:33:54:11
3	TURQUETILLE	Yael	C N VALLEE DE SEINE	96	Minimes	M	41'15	6	1	0:41:09:00	0:06:35:81	0:13:25:63	0:20:17:78	0:27:16:64	0:34:13:13
4	LEROY	Flavy	C M N DIEPPE	96	Minimes	F	40'00	5	1	0:41:29:66	0:06:38:97	0:13:34:07	0:20:22:85	0:27:24:42	0:34:25:30
5	LEROY	Floriane	C M N DIEPPE	96	Minimes	F	40'00	2	1	0:42:03:12	0:06:33:90	0:13:31:31	0:20:31:74	0:27:36:55	0:34:50:49
6	GANDELIN	Maëva	C M N DIEPPE	96	Minimes	F	40'00	4	1	0:42:06:07	0:06:47:57	0:13:49:29	0:20:56:11	0:27:46:95	0:34:57:16
7	ROBIN	Clément	C M N DIEPPE	97	Minimes	M	40'00	1	1	0:43:28:32	0:07:04:44	0:14:10:72	0:21:24:97	0:28:48:85	0:36:12:54
8	FOLLIOT	Mathieu	C N VALLEE DE SEINE	96	Minimes	M	42'00	3	2	0:44:06:07	0:07:16:53	0:14:36:55	0:22:01:60	0:29:19:55	0:36:43:58
9	DELAPORTE	Hélène	C N VALLEE DE SEINE	96	Minimes	F	44'00	5	2	0:44:44:20	0:07:09:29	0:14:16:02	0:21:34:50	0:29:21:10	0:37:00:07
10	RENIQU	Sophie	C N C BOLBEC	96	Minimes	F	50'00	3	3	0:44:51:76	0:07:08:23	0:14:35:10	0:22:02:48	0:29:37:36	0:37:22:40
11	BARBOSA	Tom	REQUINS COURONNAIS	96	Minimes	M	50'00	2	3	0:45:10:27	0:07:06:65	0:14:35:09	0:22:16:27	0:29:56:44	0:37:45:12
12	GIRARD	Frédéric	C N C BOLBEC	96	Minimes	M	50'00	4	3	0:45:21:47	0:07:16:51	0:14:37:20	0:22:14:12	0:30:02:35	0:37:49:21
13	FOLATRE	Estelle	C M N DIEPPE	97	Minimes	F	43'00	2	2	0:45:36:54	0:07:23:55	0:14:57:59	0:22:44:40	0:30:20:46	0:38:08:55
14	BRUMENT	Chloé	C M N DIEPPE	97	Minimes	F	43'00	4	2	0:46:05:52	0:07:41:59	0:15:25:34	0:23:14:72	0:31:09:58	0:38:48:86
15	DELAMARE	Savannah	C N VALLEE DE SEINE	96	Minimes	F	50'00	5	3	0:46:14:47	0:07:29:03	0:15:08:97	0:22:55:72	0:30:43:83	0:38:35:44
16	MAHIER	Mathys	E S M GONFREVILLE	97	Minimes	M	49'00	6	2	0:48:51:57	0:07:44:27	0:15:53:84	0:24:07:46	0:32:10:25	0:40:34:77

2000 Mètres

Clt	NOM	PRENOM	CLUB	ANNEE	CAT	SEXE	TPS ENG	COUL	DEP	TPS REAL	500 m	1000 m	1500 m
1	LEBRET	Lucas	E S M GONFREVILLE	98	Benjamins	M	29'30	4	1	0:28:36:17	0:07:19:51	0:14:34:17	0:28:36:17
2	AMOURET	Victoria	C M N DIEPPE	98	Benjamines	F	30'00	1	1	0:28:50:10	0:07:13:21	0:14:34:60	0:21:46:97
3	HUGUET	Yves	C M N DIEPPE	98	Benjamins	M	29'00	3	1	0:29:25:95	0:07:12:51	0:14:39:76	0:22:02:77
4	TOURMEL	Gabriel	C M N DIEPPE	98	Benjamins	M	30'00	2	1	0:30:32:08	0:07:37:81	0:15:26:59	0:23:05:81
5	LEGENDRE	Estelle	C M N DIEPPE	98	Benjamines	F	33'00	6	1	0:31:58:44	0:07:52:81	0:15:51:38	0:23:53:38
6	GRANDIN	Mélina	C S GRAVENCHON	98	Benjamines	F	40'00	1	2	0:32:46:23	0:08:07:50	0:16:16:32	0:24:34:75
7	CARREY	Clémence	C S GRAVENCHON	98	Benjamines	F	39'30	2	2	0:34:02:90	0:08:07:19	0:16:34:69	0:25:30:90
8	COUTURIER	Brice	C M N DIEPPE	99	Benjamins	M	35'00	3	2	0:35:31:34	0:08:50:81	0:17:43:63	0:26:51:25
9	MORILLON	Delphine	C M N DIEPPE	98	Benjamines	F	38'40	4	2	0:37:13:72	0:09:09:94	0:18:31:95	0:28:01:89
10	THUILLEZ	Romane	C M N DIEPPE	98	Benjamines	F	30'00	5	1	Forf			
11	LAMIRAN	Anaïs	C S GRAVENCHON	98	Benjamines	F	40'00	5	2	Forf			

4500 m

0:55:05:51

1:00:16:00

1:01:45:47

1:03:45:52

1:04:10:74

1:05:23:23

1:06:00:97

1:06:05:98